



**Niveous**<sup>®</sup>

Professional Tooth Whitening System

**INSTRUCTION MANUAL**

# Tooth Whitening

- Niveous in office tooth whitening system is a stable 25% hydrogen peroxide and an FDA approved (orange) pigment in gel form.
- “Booster Brushes” provided in the kit are specially treated with an oxidizing mechanism. When the Booster Brush is introduced into the Niveous gel, a “Boosted” bleaching effect is created on the teeth.
- This mechanism optimizes bleaching and also provides quick and easy results. If desired, bleaching can also be enhanced with the use of curing lights that generate heat or warming the ampules prior to usage.
- The pigment of the material is designed for natural light absorbing capability, however, light activation is not necessary to achieve optimal results.

# Tooth Whitening

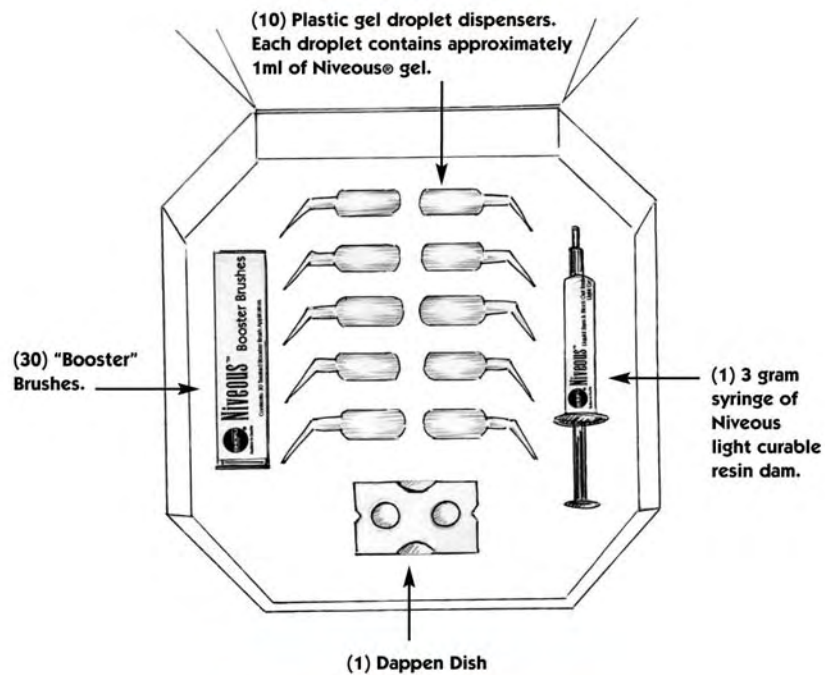


# Tooth Whitening





## KIT CONTENTS



**KEEP ENTIRE KIT REFRIGERATED**

See page 5 for more details

# Tooth Whitening

Niveous is for in-office use only.

- Use it as a bleaching for vital and non-vital teeth, including intracoronal bleaching.
- Whitening will occur most rapidly within the enamel first. For intrinsic stains such as darkening from tetracycline, additional time or treatments may be necessary.
- Restorative materials will not be effected (whitened). It is recommended that the whitening treatment be performed prior to placing any restorations. It is highly recommended that a two-week waiting time occur before placing any restorations requiring adhesives.

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- It is also recommended that the patient have a professional prophylaxis appointment before having the whitening procedure done, as plaque may inhibit the effectiveness of the peroxide.
- Before beginning the procedure, record the shade of the patient's teeth for future reference. Brightness is the ultimate goal of bleaching, therefore, arrange the shade guide tabs from the highest value to the lowest value: B1, A1, B2, D2, A2, C1, D4, A3, D3, B3, A3.5, B4, C3, A4, C4.
- Niveous resin (liquid dam) material has been provided as a protective barrier for tissue, embrasures or undercut areas. It is easily removed and non-toxic.

# Tooth Whitening

## Precautions

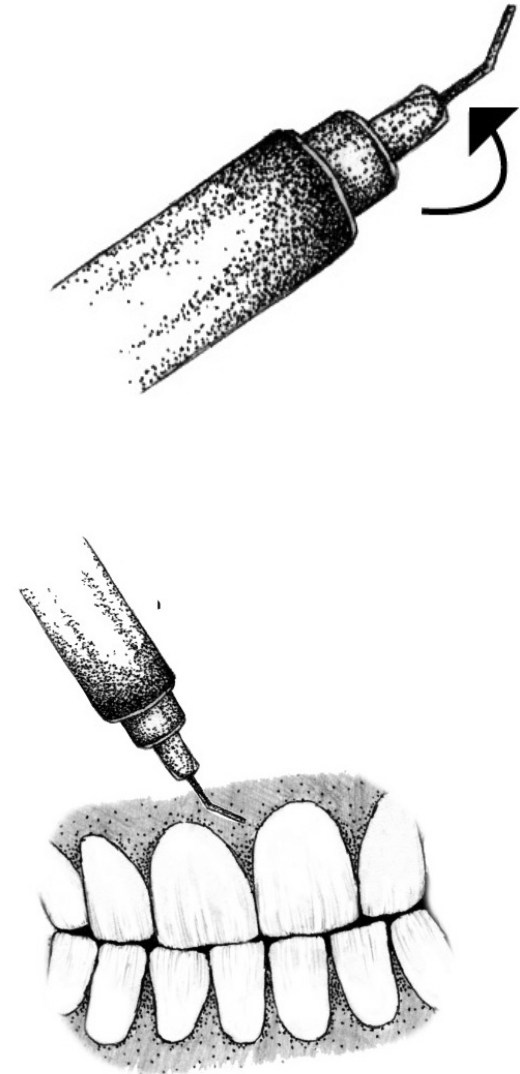
- Niveous contains 25% Hydrogen Peroxide. Handle material cautiously.
- Clinician and auxiliary should wear gloves at all times during the procedure. Patient, clinician and auxiliary should wear protective glasses.
- If a curing light is used, doctor, auxiliary and patient should wear UV protected eye-wear.

# Tooth Whitening

## STEP-BY-STEP INSTRUCTIONS

### Quick Reference Instructions for Niveous Tooth Whitening System

1. Remove ampules and brushes from refrigerator 15 minutes prior to use.
2. Bring them to room temperature.
3. Keep Resin Dam refrigerated and use it immediately upon removing from refrigerator.
4. Prophyl teeth with a non-fluoride prophyl paste.
5. Isolate teeth with Niveous Resin Dam, or use a conventional rubber dam.

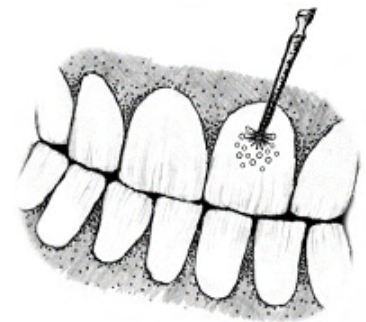
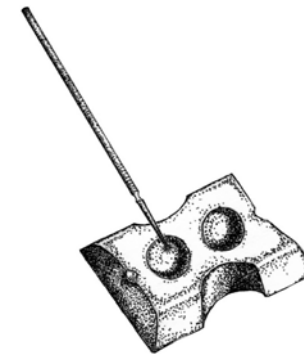
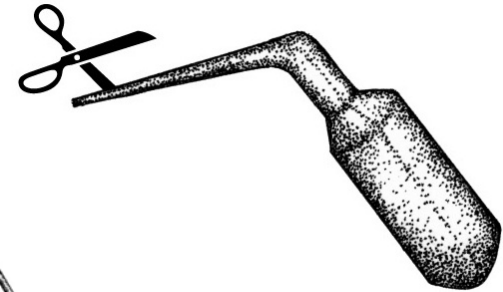


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### Quick Reference Instructions for Niveous Tooth Whitening System

6. Cut the tip of the plastic droplet in which the bleach is contained.
7. Dispense gel into dappen dish or directly onto the tooth.
8. Agitate gel using a Booster Brush for 15 seconds onto the tooth. Small bubbles will appear indicating the whitening oxidation process has begun.
9. Two applications at 15-minute periods are recommended when using a curing light that gives off heat.



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10. When using a halogen light apply to each tooth for a minimum of two minutes per tooth (making two passes of one minute each with the light). Hold the light guide approximately  $\frac{1}{4}$ " away from tooth surfaces.
11. If using a high intensity laser or plasma-arc light, expose each tooth for 3-5 seconds.
12. A third application at 15-minute period may be necessary when no heat source is being used with the Niveous gel.



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## STEP-BY-STEP INSTRUCTIONS

### Quick Reference Instructions for Niveous Tooth Whitening System

13. Remove bleach with cotton rolls and high velocity suction initially after every application followed by rinsing with water, use care not to remove the resin dam.
14. Use a new Booster Brush for each application. One brush should be adequate for one application of gel on 6 teeth.
15. After procedure is completed remove the bulk of the bleaching gel with cotton rolls and high velocity suction followed by water rinse to avoid splattering of the gel.
16. After removing the Niveous bleaching gel, remove the Resin Liquid Dam Material using a hand instrument. Floss may be used to remove the dam interproximally.

# Tooth Whitening



## Reorder Information

PN1291 Niveous Kit

PN1292 25 droplets of Niveous bleaching gel

PN1293 100 "Booster" Brushes

PN1294 2 (3g) syringes of Niveous Liquid Dam Material

PN1295 100 Dispenser Needles