





JOSHUA AUSTIN, DDS, FAGD

Shofu's Super-Snap X-Treme Finishing and Polishing Kit

We've talked about finishing and polishing resin composites several times here in "Pearls for Your Practice." I think finishing and polishing is a lot like the short game in golf. It's a part of the game that is often skipped or hurried through, but when some attention is paid to it, it can take us from good to great.

The Shofu Super-Snap X-Treme Finishing and Polishing Kit is an excellent choice for anterior resin composites. I was trained in dental school to finish anterior composites with discs. The discs I was trained with had little metal rivets that allow you to snap them onto mandrels. But the problem with those is: If the metal ring touches

your composite during the process, which can happen easily, you get a nice gray line across the composite, which must then be dealt with. Shofu Super-Snap X-Treme discs eliminate that metal so you don't scuff up the restoration. Shofu's discs attach to an included special mandrel with a rubber cup, and they are stable.

Like other good finishing and polishing systems, Shofu's requires multiple steps. Each of the four color-coded discs corresponds to a step in the process. To give the enamel that wet, glossy look, go through the fourdisc system. Starting with black, we contour. Purple finishes. Green polishes, and pink "super polishes."



Each disc is available in two different sizes—8 mm and 12 mm—and the purple, green, and pink discs are double-sided.

Once that is complete, the Super-Snap SuperBuff discs, which feel like velvet, can be used with DirectDia paste for the final high luster. DirectDia paste is a 20% diamond polishing paste that works very well with the velvety SuperBuff discs for that final touch that takes the restoration from good to great. Interproximal polishing

strips are also available for finishing contacts.

The Shofu Super-Snap X-Treme Finishing and Polishing Kit is an excellent example of an anterior composite polishing system. This kit can serve as your one-stop anterior composite polishing solution. It is simple and intuitive, and it yields an excellent result. Great work, Shofu. Hard-hit double in the gap!

PN 0506 - Super-Snap X-Treme Standard Kit (12 mm) • PN 0507 - Super-Snap X-Treme Mini Kit (8 mm)
PN 0535 - Super-Snap Super Buff Set • PN 0536 - Super-Snap SuperBuff Disks (refill) • PN 0558 - DirectDia Polishing Paste (3 grams)



Super-Snap - TREME - FINISHING & POLISHING

NEW! ULTRA-GLOSS PERFORMANCE KIT

